

# Gratitude changes everything!



**MORNING**



**EVENING**



TODAY I AM GRATEFUL FOR

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MY INTENTION FOR THE DAY

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MY AFFIRMATION, *I am* \_\_\_\_\_

I AM GOING TO MAKE  
TODAY AMAZING BY

TODAY I WILL SHOW

*kindness*

TO

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BY

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TODAY I AM GRATEFUL FOR

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I LEARNED THIS TODAY

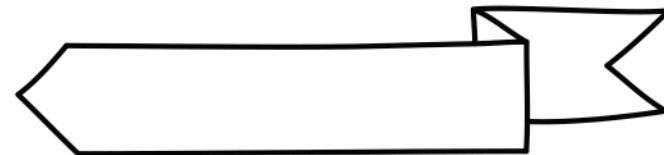
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*I am praying for*

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TOMORROW I LOOK  
FORWARD TO



THINGS THAT  
MADE MY DAY

