

WHEN I STARTED
COUNTING MY
BLESSINGS,
MY WHOLE LIFE
TURNED AROUND.

- WILLIE NELSON

THE MORE
GRATEFUL I AM,
THE MORE
beauty
I SEE.

- MARY DAVIS

GRATITUDE CAN
TRANSFORM
COMMON DAYS INTO
THANKSGIVINGS,
TURN ROUTINE JOBS
INTO JOY, AND
CHANGE ORDINARY
OPPORTUNITIES
INTO BLESSINGS.

—
WILLIAM ARTHUR WARD

BE THANKFUL FOR
WHAT YOU HAVE;
YOU'LL END UP
HAVING MORE.

IF YOU CONCENTRATE
ON WHAT YOU
DON'T HAVE,
YOU WILL NEVER,
EVER HAVE ENOUGH.

- Oprah Winfrey

It's a funny thing
about life, once you
begin to take note of
the things you are
grateful for, you begin
to lose sight of the
things that you lack.

GERMANY KENT

ENJOY THE LITTLE
THINGS, FOR ONE DAY
YOU MAY LOOK BACK
AND REALIZE THEY
WERE THE BIG THINGS.

- Robert Brault

I DON'T HAVE TO CHASE
EXTRAORDINARY MOMENTS
TO FIND HAPPINESS. IT'S
RIGHT IN FRONT OF ME
IF I'M PAYING ATTENTION
AND PRACTICING
GRATITUDE.

- BRENE BROWN

THE STRUGGLE
ENDS WHEN
GRATITUDE
BEGINS.

- Neale Donald Walsch

WHEN YOU ARE
GRATEFUL, FEAR
DISAPPEARS AND
ABUNDANCE APPEARS.

ANTHONY ROBBINS

WE WOULD WORRY
LESS IF WE
PRAISED MORE.
THANKSGIVING IS
THE ENEMY OF
DISCONTENT AND
DISSATISFACTION.

Harry A. Frowde

GRATITUDE IS THE
ABILITY TO EXPERIENCE
LIFE AS A GIFT. IT
LIBERATES US FROM
THE PRISON OF
SELF-PREOCCUPATION.

- JOHN ORTBERG

*Acknowledging the
good that you already
have in your life
is the foundation
for all abundance.*

ECKHART TOLLE