

Family fun

Family Adventures

GO WALL CLIMBING

TAKE A HIKE

PARTICIPATE IN A CITY SCAVENGER HUNT

COOK DINNER TOGETHER

TAKE DINNER TO A FRIEND IN NEED

MAKE A FITNESS CHALLENGE

PLAY LASER TAG

TAKE NEIGHBORS A TREAT

TRY A NEW RESTAURANT WITH CUISINE YOU WOULDN'T NORMALLY EAT

MAKE A CARE PACKAGE FOR A FARAWAY FRIEND OR RELATIVE

VISIT THE TALLEST BUILDING IN YOUR CITY

COOK S'MORES OVER A FIRE

VISIT AN ANIMAL SHELTER

MAKE A FAMILY MISSION STATEMENT

GO TO A LOCAL OUTDOOR CONCERT

VISIT A SENIOR CENTER

VISIT THE LIBRARY

HAVE A PICNIC

MAKE FAMILY GOALS

MAKE A FAMILY MUSIC VIDEO

GO THROUGH BABY PHOTOS

LEARN YOUR CITY'S HISTORY

BE A BOLD TRAVELER AND PLAN A FAMILY VACATION

TAKE A ROAD TRIP

GO CAMPING (EVEN IF IT IS IN THE BACKYARD)

STAY AT A LOCAL HOTEL OVERNIGHT

HAVE A FAMILY SLUMBER PARTY

PLANT A GARDEN

READ A BOOK ALOUD TOGETHER

PUT TOGETHER A PUZZLE

PLAY A NEW BOARD GAME

DO SOMETHING NICE FOR A FAMILY MEMBER

SEND THINKING OF YOU CARDS TO FRIENDS AND FAMILY

BE A HERO AND DO A CHORE FOR A NEIGHBOR

DO A RANDOM (ANONYMOUS) ACT OF KINDNESS

PLAY HIDE AND SEEK

BAKE UP A SWEET TREAT

GO TO THE ZOO

DO A CHORE FOR A NEIGHBOR

VOLUNTEER AT A LOCAL CHARITY

LEARN A NEW HOBBY (PAINTING, WOODWORKING, ETC)

BUILD SOMETHING TOGETHER (BIRDHOUSE, ADIRONDACK CHAIR)

VISIT A LOCAL ATTRACTION

VISIT A MUSEUM

HOST A GAME NIGHT WITH ANOTHER FAMILY

HAVE A MOVIE NIGHT

PARTICIPATE IN A LOCAL RUN/WALK FOR CHARITY

LEARN TO USE A COMPASS AND GO GEOCACHING

GO FISHING

HAVE A LEMONADE STAND AND DONATE THE MONEY TO A CHARITY

VISIT AN AMUSEMENT PARK

LEARN YOUR FAMILY'S GENEALOGY AND MAKE A FAMILY TREE

TAKE LESSONS TOGETHER (GOLF, SCUBA DIVING, PAINTING ETC)

Cut out the activities
and place in a box or jar.

ORANGE	1 HOUR
RED	2-3 HOURS
BLUE	4-5 HOURS
PINK	WEEKEND/OVERNIGHT