

Project #2: Bookmark



This is the 2nd project in our “Get Kids Sewing Series” with **SINGER®** and SkipToMyLou.org. Bookmarks are fun to make and are great gifts for anyone. Choose fabric for the receiver’s interest like teachers, coaches, friends... the sky’s the limit!

Shopping List:

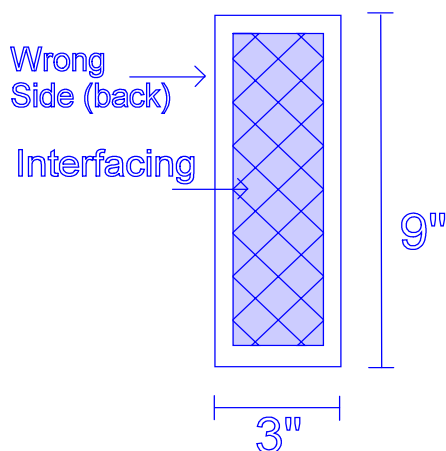
- 3” X 18” of print fabric
(Add a little more if there is a special design you’d like to feature on the bookmark.)
- 2 ½” X 8 ½” mid-weight fusible interfacing
- All-purpose sewing thread
- Fabric marketing tool
- Corner turner (or chop stick)
- 12” of ¾ - 1” ribbon for decoration (*optional*)

What to Cut:

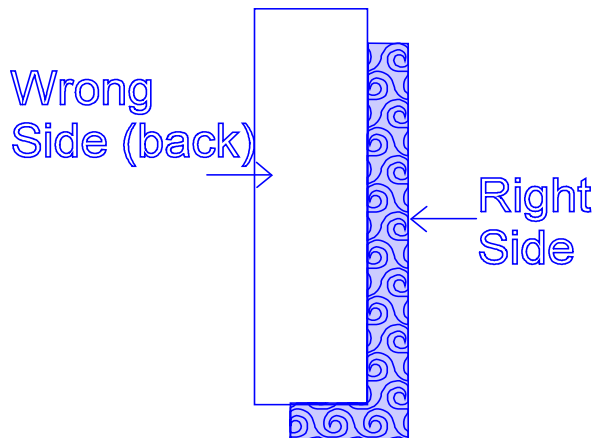
1. Cut two 3" x 9" rectangles of print fabric. *TIP:* If you have fabric with a special design you'd like to feature on the bookmark, cut the rectangle so the design will show when bookmark is complete.
 2. Cut one 2 ½" X 8 ½" of mid-weight fusible interfacing.
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How to Assemble:

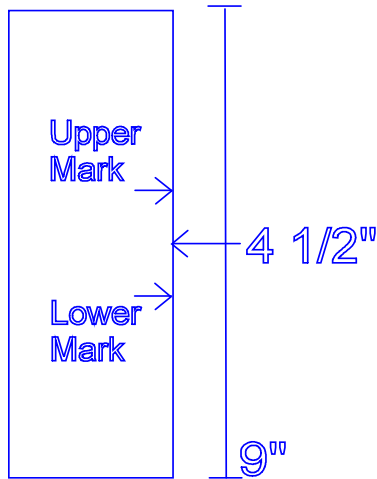
1. Place interfacing on the wrong side (back) of fabric in the middle of one fabric rectangle. There will be a little fabric showing on each side of the interfacing.
2. Fuse interfacing according to the manufacturer's directions with your iron. Be careful! Let someone help you with the iron, because it gets really hot!



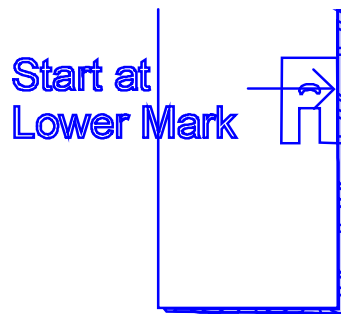
3. Place the two rectangles together with the right (pretty) sides facing each other.



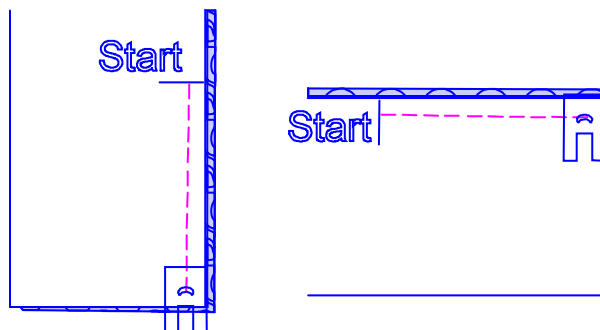
- Find the middle of the long edge. Measure 1" below the middle and mark this point on the wrong side (back) of the fabric. Mark 1" above the center of the edge on the wrong side (back). These two inches will not be sewn. This opening is where you will turn your bookmark inside out.



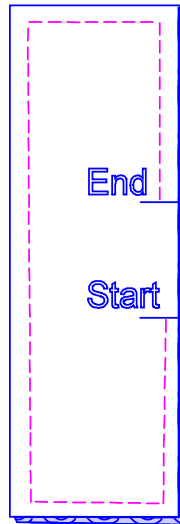
- Thread your machine with sewing thread on both the top and in the bobbin. Choose a basic straight stitch with stitch length of 2.5 mm. Set the tension for basic sewing. Check you sewing machine owner's manual for proper tension settings.
- Raise the presser foot of your sewing machine.



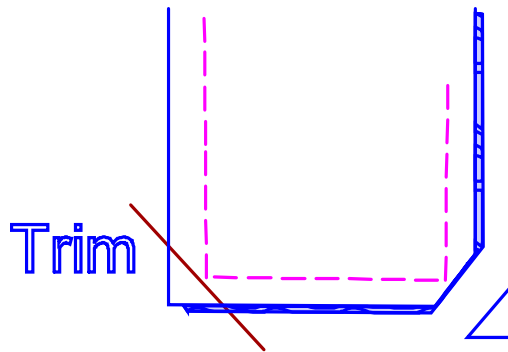
- Place the rectangles under the right side of the presser foot of your machine. You will begin sewing at the lower mark on the fabric.
- Lower the presser foot. Align the side of the presser foot with the long edge of the rectangle. Raise and lower the presser foot as much as needed to align the edge.
- Start sewing and take 3 or 4 stitches.
- Press the reverse button and take 3 or 4 stitches in reverse (this is called back stitching).



12. Place the needle in the fabric. Raise the presser foot. Turn the fabric with the needle in the fabric and align the short side of the bookmark with the edge of the presser foot.
13. Lower the presser foot and sew to just before the other long edge.
14. Lower the needle into the fabric. Raise the presser foot. Turn the fabric.
15. Continue to sew around the bookmark until you get to the upper mark.
16. Touch the reverse button for 3 or 4 stitches.
17. Release the reverse button and sew 3 or 4 stitches forward.
18. Stop and raise the presser foot. Take the bookmark from under the presser foot.



20. Trim the fabric from the corners (cut a triangle) of the bookmark near the stitching. Make sure you don't cut the stitching!

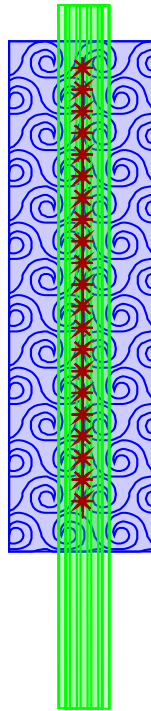


21. Turn the bookmark inside out through the 2" hole in the edge of the bookmark. Push the corners out with a corner turner.
22. Fold the excess fabric in the hole to the inside of the bookmark.
23. Press. Be careful! Have someone help you. Remember the iron is hot!
24. Go back to your machine and use a straight stitch to stitch along the outside of the bookmark (top stitch). Change the needle position of the straight stitch to the right needle position. Check your sewing machine owner's manual to see how the needle is moved.
25. Stitch all around the edge of the bookmark aligning the fabric edge with the edge of the presser foot.
26. Stitch over the beginning and end of the stitching by about 3 or 4 stitches.

YOU'RE DONE!

Decorate (Optional):

Choose a decorative stitch, like the little flowers. Place the ribbon down the middle of the bookmark. Leave about 1" of the ribbon at the top and let the rest dangle off the bottom. Sew over the ribbon to secure it to the bookmark.



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