

Project #1: Tie Headband



This is the 1st project in our “Get Kids Sewing Series” with **SINGER**[®] and SkipToMyLou.org. This simple Tie Headband project will help you learn many basic sewing skills while making a very cute accessory! Play with different fabrics, colors & notions to match your own style or an outfit. And, not just for kids...this is a great beginner project for anyone!

Shopping List:

Makes 1 headband, but so fun and easy-- you'll probably want to make more!

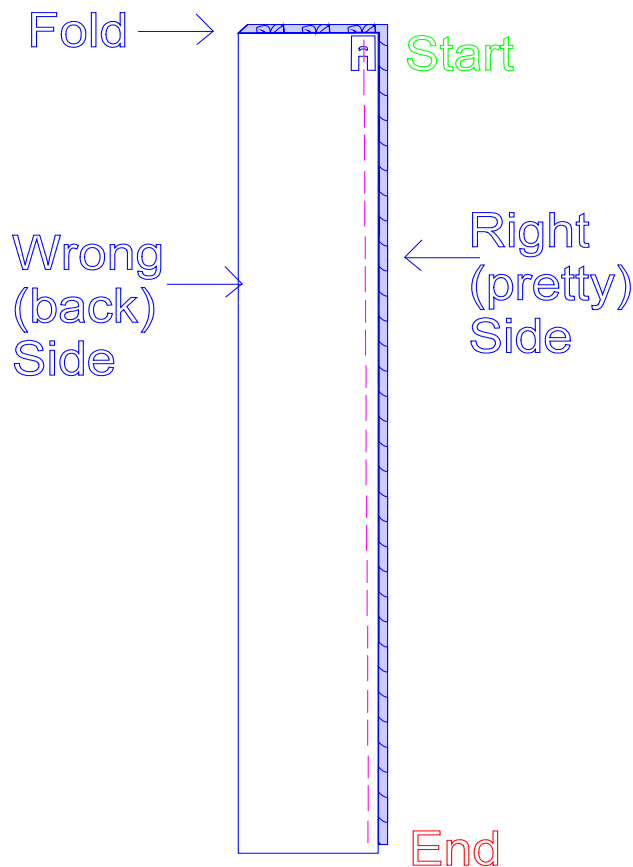
- 5" of 44 – 45" wide woven print fabric
- All-purpose sewing thread
- Bodkin or large safety pin
- Coordinating buttons (*optional*)

What to Cut:

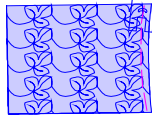
1. Cut one 5" X 44" headband fabric.
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How to Assemble:

1. Fold the rectangle in half lengthwise so you have a 2 ½" X 44" rectangle. Make sure the right (pretty) sides are inside and you see the wrong side (back) of the fabric.
2. Choose a straight stitch on your sewing machine.
3. Raise the presser foot.
4. Place the strip of fabric under the presser foot. Align the raw (unfinished) edges along the right side of the presser foot.
5. Lower the presser foot.
6. Start sewing at the short edge. Sew along the whole length of the strip.



7. Raise the presser foot and take the fabric out from the sewing machine.
8. Trim the threads.
9. Use the bodkin to turn the headband right side out. (Attach the bodkin to one open end of the strip. Push the bodkin through the strip, pushing and pulling the fabric to follow the bodkin.)
10. Press the headband so the seam is in the middle of the back of the headband. Be careful! The iron gets hot. Make sure to have someone help.
11. On each short, open end, push about ½ - ¾" of fabric back into the headband tube.
12. Using a straight stitch, sew across the ends of the headband.



13. Begin sewing on the fabric for 3-4 stitches.
14. Press the reverse button and sew for 3-4 stitches.
15. Release the reverse button. (You are back stitching to hold the threads so they will not pull out.)
16. Continue to sew across the end of the headband.
17. When you get to the other side of the headband, press the reverse button for 3-4 stitches.
18. Release the reverse button and sew to the side of the headband.
19. Take the headband out from your sewing machine and trim the threads.

YOUR HEADBAND IS DONE!

Tie the headband with a bow on top of your head to secure. Or tie an overhand knot in the middle of the headband and tie under your hair to secure.

Optional button decoration:

20. Find the center of your headband.
21. Sew a group of buttons 1-2" to the right of the center of your headband.
22. Tie your headband under your hair to secure and show off your buttons.

Consult your sewing machine owner's manual on how to sew on a button. You will want to practice this technique. You will want to sew slowly to align the holes in the button with the sewing machine needle and swing of the needle. If you have a shank button (the button has a loop on the back and no holes in the button), you will need to sew it on by hand.

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